

**24 Hour Toll Free  
Substance Abuse Hotline  
1-888-678-9609**



**Terry Moore, Program Director**  
Licensed Clinical Addiction Counselor

More than 26 years in recovery,  
"I've been there too."

[www.RecoveringCounselor.com](http://www.RecoveringCounselor.com)

**Nonviolent Alternatives Counseling Service**  
315 US 31 South, Suite D  
Greenwood, IN 46142

Certified by the State of Indiana  
Division of Mental Health and Addictions

## **Substance Abuse Counseling & Treatment**

12-step fellowships are proven to be a highly effective means of self-help. Yet in the earliest stages of recovery, some are unwilling or unable to get help from a 12-step program and they seek formal treatment. However, many treatment programs are only temporarily effective at helping people. What happens when an individual leaves the controlled structure of a treatment program? Still in need of help and support, they may then turn to a 12-step fellowship. But often what they see and hear from the 12-step fellowship is completely different from what they learned, practiced, and relied upon in the treatment program. In fact, it may be completely contradictory. The result is a far greater chance of relapse.

Our approach is a blend of evidenced based counseling techniques combined with training to help you learn how to effectively use 12 step programs to achieve a sustainable, lifelong, recovery. A substance abuse counselor should be a professional temporary sponsor, like a mentor or coach. We teach what the 12 steps are, what the principles of the program are and how to use them in day-to-day life, what a sponsor is and how to find one, what are the benefits of one addict or alcoholic sharing with another, how does a support group help one help him/her self. Basic recovery, pure and simple.

At Nonviolent Alternatives' Greenwood office we offer personalized outpatient substance abuse services including assessment, education, and outpatient treatment. No health insurance is required to obtain our services. In fact, our total fees are actually lower than many health insurance deductibles and co-pays. Court ordered or self-referred, we treat everyone equally with courtesy, compassion, and respect.

